Report of the Peace Conference in Mai 2022 in Boizenburg/Germany, together with Kundalini Yoga Participans from Germany, Ukraine and Russia.

Date: 26. to 29. of May 2022

Location: **Guru Ram das Ashram** in Boizenburg/Germany and a tent at a public field in Boizenburg Legal Entity: **One World One Vision e.V.**, Brookweg 35, 24568 Kaltenkirchen <u>https://www.one-world-one-vision.org/</u> Main Organizers: Siri Kartar Kaur Khalsa (Head of the Ashram), Sangeet Singh Gill (KRI Lead Trainer), Vita Kirtan Rajdev Hoffmann (Translater) Main Financial Supporter: **Yogi Tea Foundation**

Name of the Event: Polarity and unity: Kundalini Yoga for peace - An encounter meeting with YogiNis from the Ukraine, Russia and other parts of Europe

Description: This in-person-meeting takes place in german and russian language. Online-Partizipation is possible.

We build bridges without excluding that we live in a time of noticable tensions and martial conflicts.

Together we are working on a vision for a to-be community for everyone, without limits or national conflicts.

We develop perspectives of social defense and of nonviolent action to overcome our powerlessness and exert our influence.

We practice Kundalini Yoga and other peaceful-spiritual traditions to connect with our roots and to strenghten our expressiveness.

Participans:

we had 32 Participans on site during the three days,

8 from Ukraine (who live in germany)

6 from Russia (who live in germany)

5 Teenagers

about 600 Poeple who joint online, mainly from Ukraine and Russia

Program

- Gong meditation
- social defense and non-violent action workshop
- childrens yoga
- Kundalini Yoga with Denis Yanutin, Ukraine, and Akal Jeet Singh, Kazachstan
- constellation work for individual healing and soft work on collective trauma with Etleva Cela-Seider
- 11k-Jappa Meditation with Shamrang and Sangeet Singh
- Kundalini Yoga Rebirthing with Amba Seva Harprija, Germany/Russia
- Sound, Relaxation, Equilizing Kirtan Rajdev
- decleration and finishing-event at the market square in Boizenburg

We used the money for:

- equipment, tent, tiolets, rent of the puplic place etc.
- Technical equipment and menpower for online-partizipation
- Mantra-Music recordings
- Food and accomundation for ukrainian and russian participans and for the Orga-Team
- travel costs for ukrainian and russian participans and for the Orga-Team
- Documentation, films and videos